

Fanning Education Centre/Canso Academy

Newsletter

January 2024

Message from the Office

Parents/Guardians:

Happy New Year, everyone! As we begin 2024, we continue to have our Student Success Plan at the forefront of our minds as we are planning our learning opportunities and experiences for our students.

Our goals for all students from Grade Primary to Twelve were created after staff studied data collected at the classroom and provincial levels. Our Well-Being Goal is to improve/increase students' feeling of belonging and engagement. Our Math Goal is to improve number sense, while our Literacy Goal is to improve our writing. Staff have been working hard collaborating with each other and our literacy and math mentors to implement new strategies and maybe a few old ones to help us along the way.

The new year also marks the last few weeks of semester one for our high school students. Final Assessment Week will begin with NSVS assessments starting on Jan. 23. Depending on the course, students may have a final assessment project/assignment or exam. Teachers have communicated this to all students.

As you can see, January will be a very busy month. We look forward to continuing to work with your children to promote their success in a safe and inclusive environment.

All the best,

Ms. Richards and Mrs. MacLean



Important Dates

_	
Jan. 2	Classes Resume
Jan. 2	Chartwells Opens
Jan. 23	NSVS Final Assessment
Jan. 25,	Final Assessments
26, 29, 30	
Jan. 31	Administration and
	Evaluation Day (no classes
	for Grades 9-12); Regular
	classes for PP-8





A Special FECCA "Thank-You"

On December 14, staff and students enjoyed a holiday feast! A very special "Thank-You" to our Fanning Home & School Association and the staff of the Canso Pharmacy for sponsoring our turkey dinner. A wonderful meal was enjoyed by all!



A Special FECCA "Thank-You"

FECCA staff and students would like to send a special "Thank-You" to the Canso/Hazel Hill Volunteer Firemen's Ladies Auxiliary. A donation was made and put toward festive treats for our students. Your kindness and generosity are greatly appreciated!

FECCA Caring Closet

The grade 9/10 Uplift Grant Committee are busy preparing the opening of the FECCA Caring Closet.

The closet will be open during the school day. Students can visit the closet and take items they need. Community members can also call the school and have items sent home with students.

Caring Closet items include: clothing and personal hygiene products (toothbrushes /toothpaste, feminine hygiene products, deodorant, shampoo)







Cold Weather

It's that time of year when temperatures are getting colder. Just a reminder to encourage your child to dress in layers and to pack mittens and a hat to stay warm while enjoying outside playtime.



Nova Scotia International Student Program (NSISP)

Since 1997, The NSISP has welcomed more than 12 000 students from 40 countries around the world into homes across Nova Scotia. Working in partnership with the Department of Education and Early Childhood Development, students are given the opportunity to improve their English language skills in one of the world's best public education systems. They are currently looking for host families to open their homes and hearts to an international student and be a part of this amazing program. Open your home and heart to an international student and bring the world home to you!

If you are interested in becoming a host family, please contact FECCA administration who will assist you with the process of contacting our homestay coordinator.



FECCA Home & School Association

Our Home & School Association boasts 50 plus years of service to our children and entire school community. Funds raised by this dedicated group go towards programming and special events for our students. They are always looking for new members and ideas to continue offering programming and supports such as this. If you are interested, please call 902-366-2225.



FECCA School Advisory Council (SAC)

Would you like to join our SAC? School Advisory Councils play an important role in supporting student success at the school community level. A School Advisory Council is an advisory body to the school principal, Regional Centre for Education, and the Conseil Scolaire Acadien Provincial on a range of issues related to the school and the school system. Membership can vary, but generally consists of the school principal, parents, teachers, and other community members. Please contact us at 902-366-2225, if you'd like to join.

Before and After School Program

Nova Scotia BAP (NS BAP) is an affordable quality childcare program for children in preprimary up to grade 6 who are enrolled in the public education system. It comes from a collaboration between the Nova Scotia Department of Education and Early Childhood Development (EECD) and the Nova Scotia Department of Communities, Cultures, Tourism, and Heritage (CCTH) – *Let's Get moving Nova Scotia Action Plan*.

NS BAP encourages and promotes outdoor play with all seasons, outdoor play is a very effective approach to encourage physical activity in children; it facilitates cognitive, social, emotional, and physical development. Child-initiated outdoor play contributes to the development of problem solving and critical thinking skills, which improves executive function and supports self-regulation.

We are very excited to have the Municipality of the District of Guysborough offering an afterschool program at Fanning Education Centre. For more information or to register please contact Angie Tavares at (782) 452-4003.

NSBAP is built with the framework that focuses on 4 guideline pillars: 24 Hour Movement Guidelines, Outdoor Play, Physical Literacy, Inclusive & Culturally Responsive Practices. By promoting these four pillars, it will contribute to a better health for children, the acquisition of lifelong skills, and quality learning experiences.

Strait Regional Science Fair

Science Fairs help students develop their critical thinking, problem-solving skills and appreciation for science. Science Fairs can spark a lifelong interest in science, technology, engineering, and mathematics.

The Strait Regional Science Fair will take place this year on April 9, 2024, in Port Hawkesbury, NS. It will be hybrid model again this year with both in-person and virtual judging. The SRCE Science Fair Committee encourages students to begin thinking about completing a project for one of the following categories: Environment, Energy, and Resources; Information Technology and Innovation; Health and Social Sciences; or Discovery. The Strait Regional Centre for Education recognizes the science behind traditional Indigenous Knowledge. A new prize will be awarded this year to a project that shares Indigenous Knowledge about environmental management or relates Indigenous Knowledge to any of the project categories above; or Connects Two-Eyed Seeing to a scientific concept; or is relevant to Indigenous community needs. For more information about the Regional Science Fair, check out the SRSF website!



School Counselling News



Happy New Year!

Welcome back students! I hope you had a wonderful holiday break. In December we kicked off the month with a Kindness Challenge. Students from grades P-12 participated and were challenged to do at least one act of kindness per day. All classes were exceptional in displaying acts of kindness. I hope that many of you were able to continue this challenge over the break.

As we kick off a new year, it is a great time to set goals. Studies show that setting and achieving goals is a necessary life skill for happiness and success. I encourage you and your family to set some realistic goals and have included seven Fun Goal Setting Activities for Children from the Big Life Journal.

Winter Wellness

For some, winter brings joy, getting out in the crisp weather and enjoying winter activities. For others, winter can be challenging with shorter days and cold weather and can leave people feeling sad and tired, which can affect mood and mental well-being.

There are things that we can do during the winter season that can improve our mood and reduce the winter blues. I encourage you to practice some of the winter wellness activities listed below and to reach out for help when needed!

Winter Wellness Activities

Exercising, practicing mindfulness (like deep breathing), eating healthy, getting enough rest, getting outside, using light lamps, journaling, drawing, organizing your stuff, and practicing gratitude are all wonderful winter wellness activities. I challenge you to try one or maybe a few!

This Month...

- Final Assessment Prep workshops will be hosted for student in grade 9-12.
- Growth Mindset Goal Setting Grade 5-8.
- Zones of Regulation Program grades P-3.
- Kelso Lessons P-5
- Kelso Kindness Assembly P-5

Final Assessment Week

From January 23 to 30, our Grade 9 to 12 students will be completing final assessments to end their courses. Some assessments will be in the form of projects while others will be traditional exams. Teachers have considered student voice and choice and have confirmed with all students which formats they will be using. Please refer to the attached calendar for exact dates. If you have any questions or concerns, please feel free to contact us at your convenience.